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| **Name of camp:** | **Activity/Area being assessed:** Hammock use | **Camp leader’s name:** |
| **Name(s) of risk assessors** | **Date risk assessment undertaken:** 14/03/2023 | **Time period risk assessment is valid for:** One Year |

| **What are the hazards?** | **Who could be harmed and how?** | **What controls do you have in place?** | **Are further controls needed? Yes/No if yes please outline below** | **Date action completed** |
| --- | --- | --- | --- | --- |
| Falling out.  | Hammock UserInjury – bruises, breaks | When putting up ensure trees are sufficient distance apart.Ensure hammock secured appropriately. Do not rig too high.Ensure ground around hammock is free from stones / branches likely to cause injury.  | Persons using hammock to be assessed for appropriateness to use. User to be warned against swinging in hammock and be made aware of risks. | On going. |
| Equipment failure  | Hammock UserInjury – bruises, breaks | Prior to putting hammock up visual check to be conducted to signs of wear and tear. – Not to be used if frayed or other signs of damage.  | User to test hammock can take weight with assistance initially to prevent injury. | On going |
| Falling branches | Hammock UserInjury – bruises, cuts | Prior to securing hammock ensure area above is free from dead branches above sleeping area | Ensure user is vigilant whilst using hammock through the week. | On going |

**Signature of Risk Assessor:………………………… Print name…………………………………….. Date:…………………………………..**